

## Coverage ....

CHAT is the local provider of youth counselling for Northamptonshire Youth Counselling Services.

Other youth counselling organisations work alongside CHAT, as part of The Reach Collaboration. REACH provides a 1:1 youth counselling service county wide.

REACH are: CHAT • Service Six • Time2Talk • The Lowdown • Youth Works

CHAT Youth Counselling  
Map showing coverage of provision



*"Thank you, it's been really helpful, my anxiety isn't as bad."  
boy aged 15*



*"It is so good to know you can talk to a professional person in confidence."  
girl aged 14*

## Where you can find us ....

The Courthouse • Mill Road • Oundle • Peterborough • PE8 4BW  
Tel: 01832 274422  
info@chatyouthcounselling.org.uk • www.chatyouthcounselling.org.uk  
Registered Charity No: 1179806

# CHAT Youth Counselling

CHAT

## We Offer ....

- Free counselling and mentoring to relieve and improve the emotional and mental well-being of young people, aged 9 - 25 years in Oundle, Thrapston and surrounding areas of North East Northamptonshire
- Early support to individuals
- Up-to-date quality information resources for young people
- Co-operation with other organisations in The Reach Collaboration covering the whole of Northamptonshire

# CHAT

- Confidential**
- Help**
- Advice**
- Time**

